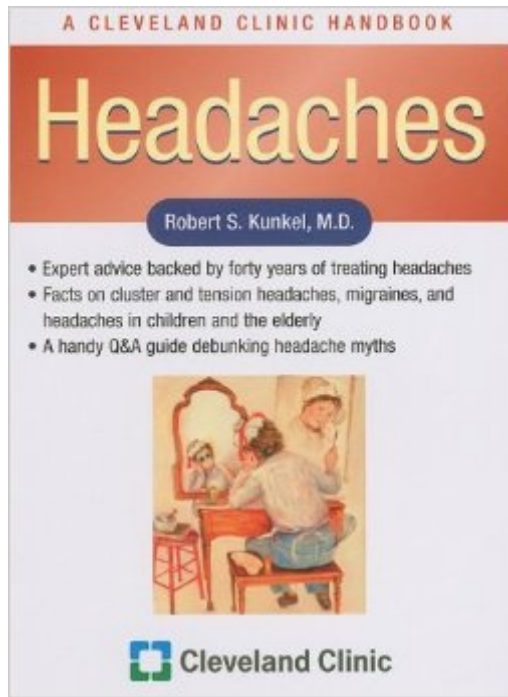


The book was found

# Headaches (Cleveland Clinic Guides)



## Synopsis

More than 45 million Americans suffer from chronic, recurring headache, yet their symptoms are often dismissed as psychosomatic or "all in their head." The fact is chronic headaches are legitimate health complaints that wreak havoc in sufferers' lives. Industry loses an estimated \$50 billion per year to absenteeism, lost productivity, and medical expenses caused by headaches. This guide gives headache sufferers of any age what they need - real, substantive information from a source that is trusted by people all over the world. This book is one of a series written by physicians from the world-renowned Cleveland Clinic, one of the top four medical centers in the United States. It provides a straightforward and clear examination of headaches and serves as a complete home reference for both patients and caregivers. No headache sufferer should be without this book.

## Book Information

Series: Cleveland Clinic Guides

Paperback: 138 pages

Publisher: Cleveland Clinic Press; 1 edition (July 1, 2007)

Language: English

ISBN-10: 1596240199

ISBN-13: 978-1596240193

Product Dimensions: 7.1 x 5.1 x 0.4 inches

Shipping Weight: 5.6 ounces

Average Customer Review: 5.0 out of 5 starsÂ Â See all reviewsÂ (5 customer reviews)

Best Sellers Rank: #4,180,919 in Books (See Top 100 in Books) #87 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Headaches #2169 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Nervous System #2763 inÂ Books > Health, Fitness & Dieting > Diseases & Physical Ailments > Pain Management

## Customer Reviews

I can only guess that each Doctor in his career has that one patient, that tests his skills and patience, and have to believe I might be near the top, for Doctor Kunkel. The book is vintage Kunkel, with expertese and a quiet kindness through out, that is basically what Dr. Kunkels parents instilled in him. Medicine is changing now to an in, out specialty, and Doctors like Dr. Kunkel are becoming a rarity in his profession, and how fortunate I was when Dr. Kunkel walked into my room in 1976, and told me, that he would take care of me, as long as it took, to get these blinding headaches under control. He never betrayed his word, when I made it easy to do so, and how

fortunate I have been, in being his patient, and there are few doctors that can write a book, that gives patients hope, in a world of despair, never forgetting that his humanity always came first.

This book is full of information. It is well written and easy to understand. I would not expect anything but the best written by Dr. Robert Kunkel who was an amazing Headache Specialist at the Clinic Cleveland for many, many years. Thank you for this wonderful addition to my bookshelf Dr. Kunkel.

I've had problems with headaches for years, and while reading was one way i got them. But....after reading through this book, i have been able to control my headaches a bit better than before, by learning some of the triggers that caused them. This book is the best one i have ever read before on headaches and how to deal with them.

Medical doctor Robert S. Kunkel has specialized in treating headache patients for forty years. Headaches: A Cleveland Clinic Handbook presents his decades of experience in plain terms for readers of all backgrounds. From the different types of headaches (including migraine, tension, and cluster), to truths and myths about headache remedies, promising new drugs for headache sufferers, how specialists design treatment plans that work, and more, Headaches: A Cleveland Clinic Handbook lives up to Cleveland Clinic's sterling reputation as the go-to publisher for health and medical information. Highly recommended.

Dr. Kunkel has treated me for well over 20 years. He is the best Doctor I have ever had and is truly dedicated. I have had Migraines for 41 years that I can remember but Dr. Kunkel sure has them under control. There isn't a question you can't ask him that he doesn't seem to know. I am sure his book is the best ever. I can't wait to read it. No one will go wrong with this book I'm sure if you want to learn about headaches.

[Download to continue reading...](#)

The Cleveland Clinic Guide to Menopause (Cleveland Clinic Guides) Headaches (Cleveland Clinic Guides) The Cleveland Clinic Foundation Intensive Review of Internal Medicine Cleveland Clinic Manual of Vascular Surgery Mayo Clinic Gastrointestinal Imaging Review (Mayo Clinic Scientific Press) Mayo Clinic Gastroenterology and Hepatology Board Review (Mayo Clinic Scientific Press) Stop Headaches Now: Take the Bite Out of Headaches Combat Headaches: A chiropractor's advice for those who suffer from migraines, jaw pain, sinus pain and/or tension headaches (Combat Dis-Ease) (Volume 2) Cleveland's Swimming Lessons for Baby Sharks: The Essential Guide to

Thriving as a New Lawyer: The Essential Guide to Thriving as a New Lawyer (Career Guides)  
Healing Tasks: Psychotherapy with Adult Survivors of Child Abuse (Gestalt Institute of Cleveland  
Publication) The Cleveland Herbal, Botanical, and Horticultural Collections: A Descriptive  
Bibliography of Pre-1830 Works from the Libraries of the Holden Arbore In Search of Good Form:  
Gestalt Therapy with Couples and Families (Gestalt Institute of Cleveland Book Series) The Mayo  
Clinic Diabetes Diet Journal: A handy companion journal The Mayo Clinic Diabetes Diet Mayo Clinic  
Healthy Heart for Life! The Mayo Clinic Book of Home Remedies: What to Do For The Most  
Common Health Problems Mayo Clinic Family Health Book, Revised Second Edition Mayo Clinic  
Family Health Book, Third Edition Close Your Mouth: Buteyko Clinic Handbook for Perfect Health  
Mayo Clinic Guide to Living with a Spinal Cord Injury

[Dmca](#)